

31 May 2020

Pentecost

Saint Anne

SEAL BEACH



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NO MASSES OR CONFESSION UNTIL FURTHER NOTICE

LIVESTREAM MASS 10AM EVERY SUNDAY AT STANNESEALBEACH.ORG

IN CASE OF EMERGENCY CALL 562-431-0721, EXT 13 MESSAGES CHECKED DAILY

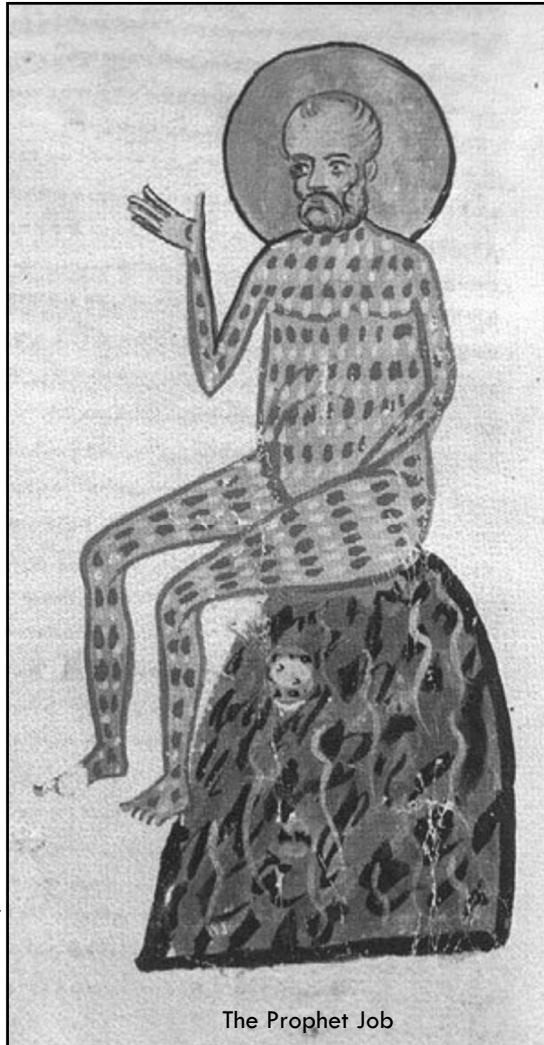
PSALM 10 (Part II)

The Psalmist recommends serious action against the wicked, "Break the arm of the wicked and depraved; make them account for their crimes; let none of them survive." The Psalmist asks for the death penalty and then describes the kind of behavior he/she is hoping to find in God: "The LORD is king forever; the nations have vanished from his land. You listen, LORD, to the needs of the poor; you strengthen their heart and incline your ear. You win justice for the orphaned and oppressed; no one on earth will cause terror again."

It is not as simple as that. Every era suffers these same challenges. Crops fail and people starve. The well runs dry. The food in the market is tainted. Hateful leaders take advantage of the lowly, taking their land and harassing them. There is never a shortage of those ready to do such things to those with no weapons of their own. Conquerors slay the innocent. And those who are innocent and oppressed will pray something like Psalm 10 because they feel abandoned by God. There is always a reason to weep over the state of the world.

Today we all fear the invisible enemy, COVID-19. A kid goes out for a jog and ends up dead. Plenty still have prejudices against other races, foreigners, the other gender, LGBTQ citizens, the near and distant poor, the unbelievably arrogant rich, and anyone who has ever been arrested. Their world is divided into "us" and "them."

The stock market is shaky. Insurance rates go up. People still break into homes and businesses and steal what does not belong to them. Nowadays cyber-crime is a new wrinkle; they can do it all without



The Prophet Job

leaving home! These people still spread lies that ruin others' reputations. The list goes on and on, as we all know.

So if we do not pray Psalm 10 just for ourselves; there are plenty of others that need us to pray this prayer for them, as well as all the other prayers in the psalms. Our prayer cannot always be about ourselves and the circumstances we hope God's grace will alleviate. We should especially pray for those who are in more difficult circumstances than we are likely to ever see. Our prayer is not individual but in communion with others. -Msgr. Mike

Here's a prayer worth praying:

Perhaps, oh God, everything happening together like that was a little hard. I am reminded daily of the fact that a human being has a body, too. I had thought that my spirit and heart alone would be able to sustain me through everything. But now my body has spoken for itself and called a halt. I now realize, God, how much You have given me. So much that

was beautiful and so much that was hard to bear. Yet whenever I showed myself ready to bear it, the hard was directly transformed into the beautiful. And the beautiful was sometimes much harder to bear, so overpowering did it seem. To think that one small human heart can experience so much, oh God, so much suffering and so much love. I am so grateful to You, God, for having chosen my heart, in these times, to experience all the things it has experienced.

Etty Hillesum

Around our Parish

REOPENING OF PUBLIC MASSES

The Diocese of Orange announced that public masses will begin again in Orange County on the solemnity of Corpus Christi, Sunday, June 14th (including the Saturday Vigil Mass) with measures in place to safeguard public health. There will be a Mass at 5:00 p.m. on Saturday and 8:00 a.m., 10:00 a.m., 12:00 noon and 4:00 p.m. on Sunday.

DISPENSATION OF MASS

You don't have to attend Mass. Bishop Kevin has extended a dispensation from the obligation to attend Mass on Sunday and Holy Days of Obligation until such time as it is deemed safe to have large gatherings at Mass.

Those who are over age 65 and/or who have serious health issues are encouraged to consider not returning to Mass just yet; similarly, anyone who has a household member who is sick or showing symptoms of sickness should not come to church. Mass will continue to be livestreamed at 10:00 AM on Sunday.

HERE'S HOW IT WILL WORK

Seating will be limited as you are asked to keep six feet away from others in the church. However, families can sit together. If you attend Mass, do not engage in any physical touch, such as by greeting one another or offering the sign of peace.

We will place additional seating in the hall with safe distancing and will have video of the Mass piped in, as we sometimes do on holidays. Don't expect coffee and donuts though. If the church and hall already have the allowed number of congregants, please return home.

Since the Sunday obligation has been dispensed from, Catholics are encouraged to attend other Masses during the week instead of on Sunday, in order to spread out the number of people attending. Our daily Mass is at 9:00 AM.

Hand sanitizer will be available. Ushers will make sure the doors and windows are open, weather permitting, to increase ventilation.

You should wear your mask and receive communion on the hand. Ushers will have masks for those without them.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

KNIGHTS OF COLUMBUS

All interested Catholic men are invited to attend our council meetings. We typically meet the 1st Monday of each month at 7:00 p.m. in the Parish Hall. The next meeting (Zoom meeting) is scheduled for Monday, June 1st. For additional information, please contact Russell Stark at 949-527-0172.

"Help Us Help Those In Need"

WOMEN'S GUILD

For membership information, please go to the St. Anne website at stannesealbeach.org. For more information, please call Jolinda Mailangi (714) 655-6348.

NEW HOPE CRISIS HOTLINE

714-NEW HOPE (639-4673)

The New Hope Crisis Hotline provides telephone crisis intervention and suicide prevention services in Orange County. Trained crisis workers provide counseling to those who are struggling to cope with day-to-day life. Services are free and available 24 hours a day, 7 days a week.

MENTAL HEALTH RESOURCES

May is Mental Health Awareness Month. We need to attend to the mental health pandemic that swells beneath the COVID-19 pandemic. Unlike with COVID-19, people do not readily seek medical attention for mental health issues. Stigma and denial or ignorance impede people from getting help sooner rather than later.

MHA is offering free online webinars twice a week on different topics specific to COVID-19 that help individuals support themselves and others. Sample topics include Wellness Routines for Uncertain Times, Suicide Prevention for Remote Workers and Gaming for Mental Health: Using Video and Board Games to Support Wellbeing.

Let us remember to check in on each other online or by phone to offer prayers and support.

Dynamic Faith

POLLS SHOWING AMERICANS

RELYING ON FAITH TO PERSEVERE DURING PANDEMIC

For those who go to church regularly, 68% said they have been "helped a lot," and another 22% said they have been "helped somewhat." For those who say they go the church frequently, 41% said they were helped a lot, with 45% reporting they had been helped somewhat. Even a majority of those who say they rarely go to church said faith has helped - 23% a lot and 32% somewhat.

There may be a touch of irony in the polls' results as significant percentages of Americans are reporting their faith has helped get them through a tough time yet they are unable to attend worship services. The Fordham poll showed 38% of Americans are attending less frequently, while 56% report no change. Just over a quarter are watching services more online or on television now than before the outbreak.

The Pew poll was conducted online with more than 10,000 respondents, and has a margin of error of plus or minus 1.5 percentage points. The Fordham poll, conducted by phone with 1,003 respondents, has a margin of error of 4.3 percentage points.

PRAYER DURING CORONAVIRUS

O clement, O loving, O sweet Mother Mary,
 We, your children of every nation,
 Turn to you in this pandemic.
 Our troubles are numerous; our fears are great.
 Grant that we might deposit them at your feet,
 Take refuge in your Immaculate Heart,
 And obtain peace, healing, rescue,
 And timely help in all our needs.
 You are our Mother.
 Pray for us to your Son.
 Amen.

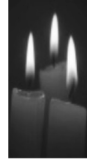
PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

"The stillness of prayer is the most essential condition for fruitful action. Before all else, the disciple kneels down." – St. Gianna Molla

WEEKLY MASS INTENTIONS

5/25	✠Peter Bahan
5/26	✠Lorraine Ornellas
5/27	✠Warren Ortmann
5/28	✠Herman Hakala
5/29	Seminarians
5/30	✠Maria Thu Truong
	(✠Rest in God's love and peace)



PLEASE PRAY FOR

Fr. Bob Vidal, Irene Bluth, Hal Noring, Sharon Casserly, Katia Bergstrom, Juanita Kho, Kathy Purcell, Jerome Gendron, Jim Ferguson, Mary Maskell, Mary Kiely, Linda Bolt, Jackie Chambers, Marlene Blackford, Bob Wagner, Bob Rattray, Julie Rivera, Pat Giacomi, Ernie Ramirez, Pat Clustka, Mike Harvey, John Barnes, Mary Kunz, Katherine Irwin, Beverly Maybrier, Cathy Oliver, Abilio Hernandez, John Holland, Dorothy Ceballos, L. Tanguay, Ed Michaud, Michael Maloney, Bob Dutro, Laurel Creasy Tenelshof, Dixie Redfearn and Nick Williams.

SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

PreK-8 Faith Formation: For information about Faith Formation programs, please call 562-431-0721 ext. 16 or email faith_formation@stannesealbeach.org.

Confirmation: For information about our Youth Ministry programs, please call 562-431-0721 ext. 15 or email ym@stannesealbeach.org.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least six months before the wedding celebration.

Funeral: Contact the Parish Office to arrange funerals.

Sacrament of the Sick: In case of serious illness, contact the Parish Office.

Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office.

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