

19 April 2020

Second Sunday of Easter

Saint Anne

SEAL BEACH



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NO MASSES OR CONFESSION UNTIL FURTHER NOTICE

The Church is closed to the public until further notice per the Governor's order

IN CASE OF EMERGENCY CALL 562-431-0721, EXT 13 MESSAGES CHECKED DAILY

KEEPING IN TOUCH

In 2015 Father Jacques Mourad spent five months as a hostage of jihadist terrorists in Syria. He describes it as a spiritual experience and says it was praying the Rosary and recalling the teachings of Jesuit Father Paolo Dall'Oglio, who himself had been a prisoner in Syria, that gave him peace and strength. About his experience, Father Mourad has written: "This is what you do in wartime. You throw yourself to the ground. And once you are forced to be close to the ground, you understand the wisdom of being there, for it is close to the ground that you become closer to people and understand their needs and listen. Your presence reminds them that God is present too. God became small; He, too, went close to the ground."

As the pandemic continues, I suspect that we are all getting a little tired of sheltering in place. We want it all to be over and done. We want our lives back! But Father Mourad makes me think that even the quarantining can be a spiritual experience if we are willing to embrace it. A very humbled life can still be the source of great grace.

This reminds me of something one of the desert fathers said: "Abba Poemen said about Abba Pior that every single day he made a fresh beginning." We do well to be open to new epiphanies, be open to seeing others in new ways, to seeing Jesus in new ways, to seeing ourselves in fresh and perhaps even surprising new ways. Taken from our ordinary days we have the opportunity to experience ourselves in a different modality, much like how we experience ourselves changed on a vacation or by engagement during the course of a film, play or concert. Even a simple poem can change our day.

Solitude can stir deep currents within our souls. A theologian I just started reading, Pádraig Ó Tuama, wrote, "I asked myself what story of the

Gospels most sounded like what I needed to hear." That's something all of us have time now to ponder. For me, I think it is the wedding feast at Cana. Jesus is at a banquet and I love to eat. But his miracle was to make water into wine because they were running short, which I take to mean it was turning into quite a party. Weddings in the time of Jesus, I read somewhere, were several day affairs so they must have been partying very hardy or the hosts were poor and could not afford as much wine as they needed. I like thinking of Jesus as having a bit of a buzz on, enjoying his time with family and friends. Too often we think of Jesus as only pious. It makes me think that one of the corporal works of mercy is filling up someone's glass or getting them another drink. Hospitality in the name of Christ!

But, of course, right now we can't invite our friends over to the house. We can't be hospitable in the way we like to be. Except that we live in the days of cell phones. A few of my friends occasionally call me on my cell phone and we have a drink together after watching the news on TV. Yesterday with Zoom, I met online with four of my friends, and it was just the balm I needed. It took some doing on my part because, as much as I love technology, I am not very good at it. With the help of my brother and a friend on the phone, I got Zoom downloaded and I learned how to join a Zoom meeting.

We can all call someone, or send an email or text message, we can even send a postcard, letting that someone know they are important to us. Wine or booze are not actually necessary. I just got a phone call from one of my neighbors and it was wonderful. We need each other.

Msgr. Mike

Around our Parish

ARE YOU IN NEED OF HELP

Do you need supplies? A friendly voice to speak with over the phone? We have many parishioners willing to be there for you. Please call us at 562-431-0721 ext. 13 or email us at office@stannesealbeach.org.

JOIN US FOR MASS

VIA LIVESTREAM ON FACEBOOK AND OUR WEBSITE
Mass can be livestreamed from stannesealbeach.org at 10:00 a.m. every Sunday. It can also be viewed on St. Anne's public Facebook page. If you missed the livestream you can view it any time on the website under archived Masses.

ARE YOU MISSING INFORMATION

In an effort to communicate with all of you during this time we have added periodic phone/text communications. Emails are done through Constant Contact. If you have not received a text, phone call or email in the past week please call the church office and leave your information so we may update your records in our database allowing us to connect with you.

KNIGHTS OF COLUMBUS

All interested Catholic men are invited to attend our Council meetings. We typically meet the 1st Monday of each month at 7:00 p.m. in the Parish Hall. The next meeting TBD. For additional information, please contact Russell Stark at 949-527-0172.

"Help Us Help Those In Need"

WOMEN'S GUILD

For membership information, please visit the St. Anne website. For more information, please call Jolinda Mailangi (714) 655-6348.

PRAYER AND DEVOTION

U.S. Conference of Catholic Bishops
www.usccb.org/about/communications/resources-for-catholics-at-home-during-covid-19.cfm

Bishop Robert Barron

www.wordonfire.com

Matthew Kelly

dynamiccatholic.com



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

VOLUNTEERING OPPORTUNITY

Please pray with us to end the pandemic:

Dear Lord,

We ask for your Divine intervention to bring a quick end to this pandemic. Please heal the sick and comfort the grieving. May your peace replace every worried, anxious and fearful thought. We ask for strength, protection, and energy for medical professionals, first responders, and emergency workers. We pray for wisdom, knowledge, and guidance for leaders in every arena.

Please reverse and minimize the financial devastation that is occurring. Please provide for all who are displaced and in need in any way. We ask for your grace and mercy and for you to do what only you can do. May people look to you to be their source of help, strength, and hope during these uncertain times. In the name of Jesus we ask these things. Amen



Things are changing and daily we need ways to cope with this changing reality. One way to combat fear is to be grateful. There is a ton of science and evidence out there that documents the effects of gratitude on anxiety, depression and mental health. We need mental health and faith in these days ahead. We invite you to begin to write down and talk about the things you are grateful for in these days ahead. Make it a practice. Thank God every day for these things. Invite everyone sheltering with you to do the same. Call people, write to people, keep a gratitude journal. Science has proven that gratitude and fear do not mix.

For the latest updates on COVID-19,

<https://www.rcbo.org/covid-19updates/>

Dynamic Faith

MASS RESOURCES

Daily Readings in English and Spanish from the United States Conference of Catholic Bishops: http://www.usccb.org/bible/index.cfm?utm_source=googleadwords&utm_medium=cpc&utm_content=catholicbible&utm_campaign=NABRE
Prayers, readings for Mass, and additional spiritual readings are available at: Magnificat publication, a spiritual guide that includes daily Mass: <https://us.magnificat.net/free>

CAREER RENEWAL

Attention job seekers. Find and give encouragement to fellow job seekers. Get job search and networking tips. Career Renewal meetings are continuing using Free Conference Call. You can dial in, or join by internet, on Thursdays. For log in information and more, please contact Kathy Keller at 714-206-0885/keller.math@gmail.com or Ted Rozolis at 714-330-5067.

R_x for Body and Spirit

For Your Body

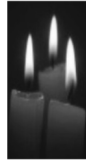
Wash your hands often.
Avoid close contact with other people.
Clean and disinfect frequently touched surfaces.
Stay home if you're sick (except to get medical care).
Cover coughs and sneezes with a tissue.

For Your Spirit

Make an Act of Spiritual Communion.
Pray the Rosary.
Participate in a televised or live-streamed Mass.
Take time for family prayer.
Practice Lectio Divina.
Don't forget to help your parish with donations.

9:00 AM MASS INTENTIONS

4/20 †Kathryn Lang
 4/21 †Londa Comini
 4/22 †Connie Orante Bersamira
 4/23 †Nelly Munoz
 4/24 †Roger Jesme
 4/25 †The Truong Family
 (†Rest in God's love and peace)



Your Mass intentions are being said during the priests private celebration of Mass each day.



PLEASE PRAY FOR

Fr. Bob Vidal, Hal Noring, Sharon Casserly, Katia Bergstrom, Juanita Kho, Kathy Purcell, Jerome Gendron, Jim Ferguson, Mary Maskell, Mary Kiely, Linda Bolt, Jackie Chambers, Marlene Blackford, Bob Wagner, Bob Rattray, Julie Rivera, Pat Giacomi, Ernie Ramirez, Pat Clustka, Mike Harvey, John Barnes, Mary Kunz, Katherine Irwin, Dixie Redfearn, Beverly Maybrier, Cathy Oliver, John Holland, Dorothy Ceballos, L. Tanguay, Ed Michaud, Bob Dutro, Laurel Creasy Tenelshof, Dixie Redfearn and Nick Williams.

SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

PreK-8 Faith Formation: For information about Faith Formation programs, please call 562-431-0721 ext. 16 or email faith_formation@stannesealbeach.org.

Confirmation: For information about our Youth Ministry programs, please call 562-431-0721 ext. 15 or email ym@stannesealbeach.org.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least six months before the wedding celebration.

Funeral: Contact the Parish Office to arrange funerals.

Sacrament of the Sick: In case of serious illness, contact the Parish Office.

Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office.