

15 March 2020

Third Sunday of Lent

Saint Anne

SEAL BEACH



Msgr. Mike Heher, Pastor

pastor@stannesealbeach.org | 562-431-0721 Ext. 14

Fr. Robert Vidal, Pastor Emeritus | Fr.bob@stannesealbeach.org

Deacon Peter Nguyen | dcn.peter@stannesealbeach.org

Amy Papageorges, Faith Formation | dre@stannesealbeach.org | 562-431-0721 Ext. 16

Rhea Garalde | Youth Ministry/Confirmation | ym@stannesealbeach.org | 562-431-0721 Ext. 15

Vikki Lyons | Front Office | office@stannesealbeach.org

Tim Kimminau | Cleaning & Maintenance | tim@stannesealbeach.org

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM, 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat. 8:30AM; Sat. 4:00-4:45 PM

340 10TH ST. | SEAL BEACH CA 90740 | 562-431-0721 | WWW.STANNESEALBEACH.ORG

ATONEMENT

Sacrifice is on order during Lent. Many people give up sweets, or booze, or chocolate, or betting on the horses. If you are sacrificing in any way shape or form, don't let me stop you. But let me offer an alternative. How about more silence in your days?

As soon as we wake up, we check the newspaper, or switch on the TV, to find out what's been going on in the world while we slept. On our way to work, the radio plays more news or maybe commentary or even classical music. At work we talk to our colleagues and clients or email them or text them or talk to them on the phone. Back home after work we fill in our family and friends with reports on how things went at work today and we listen to them do the same. Then the TV goes on or we play cards, but only after the dishes are rinsed and set in the dishwasher. It was an action-packed day.

We often do the same when we pray; we use lots and lots of words, even though Jesus warned that "When you pray, don't babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again."

What would happen if we didn't have constant input, what if we let the words evaporate and let a wordless silence take over? It won't be easy as we are not in the habit of unplugging. At first we will feel agitated, quickly remembering that chore that hadn't been completed, what needs to be added to the shopping list, who to call to check on how they are doing. Then some topics come to mind that don't usually get a chance to take the stage: Weakness, for example. Saint Isaac counsels, "Blessed is the person who knows his own weakness, because awareness of this becomes for him the foundation and the beginning of all that is good and beautiful."

Then there is unfinished business: a hurt that we have been nursing, something we should have said to someone but did-

n't have the courage to say when we had the chance, questions about how deeply others feel about us, fears of what will happen to us in the future. These float up like balloons from the county fair. We try to set them aside as quickly as possible. They remind us of how vulnerable we are, and we want to think of ourselves as strong, even powerful. Our restlessness keeps reminding us that "we are all born vulnerable," Edwidge Danticat has written. "Unlike an actual house we are not made of wood, stone, concrete, mortar, or cement. We are easily broken, and we might end up spending the rest of our lives trying to find some way to fix that brokenness." We might ask ourselves: what are we trying to avoid that we keep up with so much noisy chatter and so much shallow busyness?

Silence has an upside: silence is a place where we might come to glimpse and thereafter *know* our real condition. There we can nakedly confront ourselves. We might even come to appreciate our vulnerability. Those who are troubled will not seek out those who proclaim boldly how they do indeed have their act together; rather, they are attracted to similarly wounded people. A recollected you may be exactly the person someone needs to talk to.

Silence and stillness is promoted as a cure for modern life's frenzy. And it is one of its attractions but that is not the whole thing. Once we settle down and become friends

with it, it is not for its side effects that we persevere in silent prayer. After a time we come to this prayer with only one desire—to come into the presence of the living God.

Which brings us to the English word *atonement*. It comes from combining the words *at-one-ment*. It was coined in the sixteenth century for the express purpose of imbuing our theologies with

a more vivid awareness of *how* it is that Christ saves us—He joins himself to us. In silent prayer we join ourselves to him.

Msgr. Mike



Around our Parish

KNIGHTS OF COLUMBUS

MONTHLY MEETING / MEMBERSHIP

All interested Catholic men are invited to attend our Council meetings. We typically meet the 1st Monday of each month at 7:00 p.m. in the Parish Hall. The next meeting is scheduled for Monday, April 6th. For additional information, please contact Russell Stark at 949-527-0172.

"Help Us Help Those In Need"

WOMEN'S GUILD

WOMEN GATHER, A SPECIAL RETREAT

Join the St. Anne Women's Guild for a retreat on Saturday, March 21st from 9-12, beginning with Mass. Pam Hurwitz and her daughter Jyllian Rhodes, longtime youth ministers, know that women greatly need spiritual nurturing. They will provide dynamic, workable thoughts on getting families talking to one another again and drawing closer together spiritually. Women are encouraged to bring their daughters. Cost is \$25 per person with brunch included; to be paid at the event. As a bonus women joining the Women's Council receive their first year of membership free. Please rsvp to Monica Caliri at 562-761-1527.

ST. PADRE PIO HEALING MASS

Join us this Monday, March 16th at 1:00 p.m. for the Chaplet of the Divine Mercy, the Holy Rosary and Healing Mass. Individuals may receive personal blessings after the Mass. All are welcome! For more information call Janice Herlihy at 562-537-4526.

SECOND COLLECTION

Today, we will take up the combined Collection for the Church in Africa, Latin America and Eastern Europe. Your gift to the collection will fund catechesis, youth ministry programs, and seminarian education. The support you give today will fund formation programs and provide opportunities for years to come.



STATIONS OF THE CROSS

This Lent, walk with Christ along the way of the cross. Join us every Friday during Lent after the 9:00 a.m. Mass.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

CRS RICE BOWL

MEET YVONE

Meet Yvone from Kenya. She learned proper nutrition and hygiene practices to keep her healthy and in school. Yvone now has a chance to dream and the strength to follow those dreams. How can you ensure that young people in your community receive proper nutrition? Visit crsricebowl.org for more.

HEALTH ISSUES & SUNDAY MASS

Bishop Vann hereby dispenses those who are sick from attending Mass on Sundays and Holy Days of Obligation, until further notice. Additionally, Bishop Vann is mandating the faithful to not hold hands during the Our Father nor shake hands at the sign of peace. The communion cup is to be discontinued until further notice and all ministers of Holy Communion should sanitize their hands before and after distribution of Holy Communion. For those who are at home or in the hospital or convalescent care, you can catch Catholic Mass on television every Saturday at 4:00 p.m. on Channel 285.

PASTORAL SERVICE APPEAL

OUR FAITH OUR FUTURE

"...be doers of the word, and not hearers only." James 1:22

What does your faith mean to you? Faith is something so personal that words cannot easily explain it. Faith can bring peace amidst turmoil, and true joy even in difficult circumstances. As Catholics, we are called to freely live out our faith and to give back to others as Christ has poured Himself out for us.

The PSA reaches thousands of people each year in our community. By supporting the PSA you assist in ministering to the imprisoned, evangelizing Catholic youth, and strengthening families. Please complete your pledge today and drop it in the mail to the Diocese of Orange.

Dynamic Faith

ENVIRONMENTAL TIPS

LAUDATO SI'

Going shopping? Invest in reusable grocery bags, produce bags, bulk food bags, and any necessary containers to buy bulk items (olive oil, eggs, maple syrup, sugar, coffee). Many co-ops and Whole Foods have bulk aisles with a wide range of items. Avoid packaging whenever possible. If you buy packaged items, always choose paper/glass/metal over plastic.

LENTEN FISH DINNERS

St. Hedwig Church in Los Alamitos will be offering Fish Dinners in Quinn Hall: March 20th, 27th and April 3rd from 5:00 p.m. – 8:00 p.m.

CATHOLIC RELIEF SERVICES

LEAD THE WAY

Together we are building a movement to end global poverty. As people of faith, we are called to create a more just and peaceful world for all. Now is the time. Will you answer the call? Get started by using our action calendar and campaign toolkit to make a difference today! Visit: www.crs.org/leadtheway

CENSUS 2020

U.S. BISHOPS ON THE CENSUS:

“Our country conducts a Census every ten years to count the number of men, women and children residing in the United States. Census data helps direct more than 800 billion annually to key programs designed to advance the common good, strengthen families and reduce poverty. The Catholic Church and other service providers rely on the national Census to provide an accurate count in order to effectively serve those in need.”

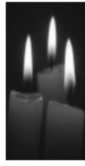


THE SOLEMNITY OF SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY, MARCH 19TH.

“Joseph, rise, and do your Lord’s will” – MT 2:20-21

9:00 AM MASS INTENTIONS

3/16 †Joseph Spann
 3/17 †George Tanner
 3/18 Brian & Michelle Cave
 3/19 For the Parish
 3/20 Shane Reichman
 3/21 †Mary Rose Nedza
 (†Rest in God's love and peace)



PLEASE PRAY FOR



Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Kathy Purcell, Julia Poirier, Jerome Gendron, Jim Ferguson, Mary Maskell, Mary Kiely, Linda Bolt, Jackie Chambers, Marlene Blackford, Bob Wagner, Bob Rattray, Julie Rivera, Pat Giacomi, Ernie Ramirez, Mike Harvey, John Barnes, Mary Kunz, Katherine Irwin, Dixie Redfean, Beverly Maybrier, Cathy Oliver, John Holland, Dorothy Ceballos, L. Tanguay, Ed Michaud, Bob Dutro and Nick Williams.

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life. – Jn 4:13-14

SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

PreK-8 Faith Formation: For information about Faith Formation programs, please call 562-431-0721 ext. 16 or email faith_formation@stannesealbeach.org.

Confirmation: For information about our Youth Ministry programs, please call 562-431-0721 ext. 15 or email ym@stannesealbeach.org.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least six months before the wedding celebration.

Funeral: Contact the Parish Office to arrange funerals.

Sacrament of the Sick: In case of serious illness, contact the Parish Office.

Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office.