

18 February 2018
First Sunday of Lent

Saint Anne

SEAL BEACH



Jesus Cleanses the Leper, Duomo di Monreale, Sicily

Msgr. Mike Heher, Pastor, pastor@stannesealbeach.org, 562-431-0721 Ext. 14

Fr. Ben Tran, Parochial Vicar, pv@stannesealbeach.org, 562-431-0721 Ext. 11

Fr. Robert Vidal, Pastor Emeritus, Fr.bob@stannesealbeach.org

Deacon Peter Nguyen, dcnpeter@stannesealbeach.org

Amy Papageorges, Director of Faith Formation, dre@stannesealbeach.org, 562-431-0721 Ext. 16

Jyllian Rhodes, Youth Ministry/Confirmation, ym@stannesealbeach.org, 562-431-0721 Ext. 15

Jan Cooper, Front Office, office@stannesealbeach.org

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM; 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat: 8:30AM; Sat: 4:00-4:45 PM

340 10TH ST. | SEAL BEACH CA 90740 | 562-431-0721 | WWW.STANNESEALBEACH.ORG

SCRUPULOUS

We know there are people out there without consciences; they do whatever they want regardless of the consequences to other people. Think of a shifty car salesman who jacks up the price of his vehicles even though most of his customers are poor. The decline in the reception of the sacrament of penance in recent years is said, by some, to be due to a fading sense of conscience.

But at the other end of the spectrum some folks worry that almost everything they say or do is sinful. They watch a television program but don't enjoy it because they know they should have spent the time reading the Bible or cleaning out the garage. Walking down the street and noticing a lovely woman, a scrupulous man believes he is guilty of lust because he saw that she was indeed lovely, so he turns quickly away and walks right into a light pole. A woman prays the rosary but knows it won't do her any good because she was distracted while doing so.

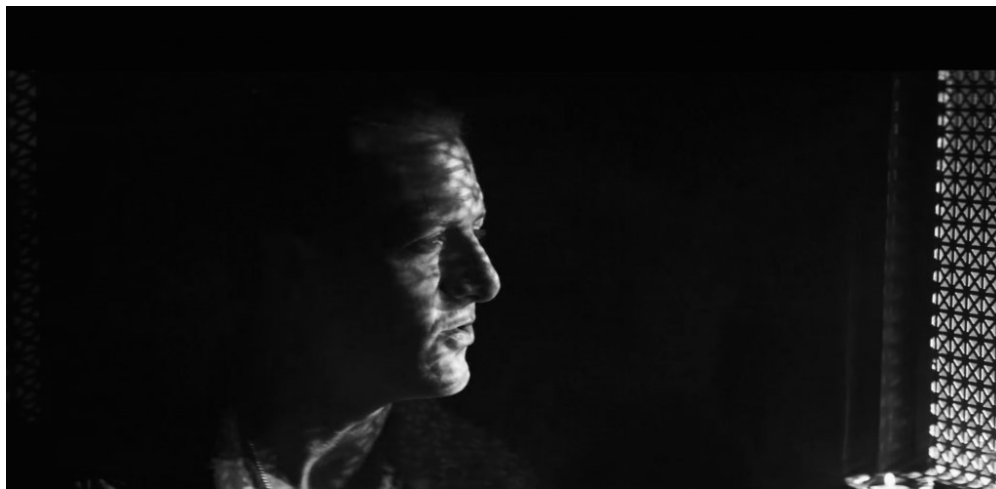
Yes, reading the Bible, cleaning the garage and praying the rosary are good things. And watching too much TV, staring covetously at other human beings and praying distractedly are to be avoided. It is all a question of degree.

What would you think of a person who always came to a negative opinion of the people he met? You would think there was something wrong with him. *Everybody* is not evil. And if he is vocal about his negativity, you would avoid him, and if he said disparaging things about your children, you would forbid your children to listen to him.

(You would say the same thing about people who never see anything but good in others. You think of them

naïve and would fear they could be taken advantage of.)

In their zeal to be faithful to God, the conscience inside scrupulous persons has lost its balance. When



they look back at what they have said or done, they can see nothing but how what they did or said was wrong. Further, they convince themselves that what they said or did was

gravely wrong. They believe that everything they say or do is never just venial, always mortal, to use the vocabulary we grew up with. In the days of obligatory fasting from midnight before receiving Holy Communion, a scrupulous woman would believe she broke the fast by putting on lipstick or because a bit of food caught between her teeth was dislodged with the morning brushing and she accidentally swallowed it.

Rarely do scrupulous persons escape their obsession on their own. Sometimes confessors have to tell a penitent that he or she is too scrupulous. In the worst cases, a confessor instructs the penitent to only say in general that he or she is sorry for however they might have offended God since their last confession, but refrain from naming each and every single sin because to do so would reinforce their doubt, fear and anxiety. The sacrament of penance is about mercy and forgiveness, not the opposite.

Lent is a good time for all of us to retune our consciences. Do I tend to be too easy on myself or too hard? If I find that I am hard on others, it may be a sign that I am also too hard on myself. If you're not sure if you are hard on others, ask your spouse or your close friend; they will set you straight. Msgr. Mike

Around our Parish

KNIGHTS OF COLUMBUS

ST. PATRICK'S/ST. JOSEPH'S POTLUCK

Save the date for our annual St. Patrick's/St. Joseph's Potluck Dinner on Saturday, March 10th at 6:00 PM in the Parish Hall. Sign-up sheets are posted in the vestibule and by the side entrance of the Church. For more information, contact Jim St. Omer Roy at 714-609-1297.

ALASKA FISHING ADVENTURE

St. Anne's Knight's of Columbus has organized another tremendous opportunity to fish in Alaska. It's a great package at a great price! Details of the trip are posted on the Knight's bulletin board in the walkway to the Church parking lot. This fishing trip, first organized by Al Hentges, is the main provider of the fish for our Annual Al Hentges Memorial Alaskan Fish Dinner where all proceeds go directly to support local seminarians. The deadline to sign-up is March 1st! For additional information, contact Rich Greco at 562-896-1025

"Help Us Help Those In Need"

CAMINO DE SANTIAGO DE COMPOSTELA

Fran Ragland will share her experiences from her recent spiritual pilgrimage on the Camino de Santiago de Compostela. It will be an exciting multi-media event with slides, a short video and travel artifacts. **ALL** parishioners are invited to attend this Women's Guild event on February 26th. Hospitality begins at 6:30 p.m. We hope you will join us and hear Fran share her insights and learning opportunities as we prepare for our own spiritual journey for Lent.

CHURCH IN LATIN AMERICA/CARIBBEAN

This weekend we take up a special collection to support pastoral programs in Latin America and the Caribbean. Although the people are faith filled, the needs of these regions are great and can often seem insurmountable. The distance in rural areas, deteriorated roads and lack of ministers make it difficult for some communities to celebrate Mass regularly. Language barriers and lack of resources make catechetical materials difficult to procure. Your donations will fund lay leadership training, catechesis, marriage & family life programs, and seminarian formation so the people can grow closer to Christ. We are called to share our faith and this collection is a prophetic and bold way to do so.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

PASTORAL SERVICES APPEAL

This year's theme "WE ARE ONE" not only encourages us to work together to support the needs of pastoral ministries throughout the Diocese, but to meet the needs of our parishioners in creating a safe and secure place to worship. Please join your fellow parishioners who have already made a gift to our annual appeal, continuing the work of Christ. Pledge envelopes are available in the vestibule and by the side door to the church.

2018	As of 2/12/18	
	Registered Families	750
	Family Pledge Goal	200
	Families Pledged	121
PSA	Amount Pledged Goal	\$120,000
	Amount Pledged	\$68,040
Thank you to all who have prayerfully and generously made a pledge in support of our Church!		

CRS RICE BOWL/FAITH IN ACTION

People in many places around the world are forced to flee their homes to find safety and opportunities for a better life for their family. CRS is improving their lives! In addition, through CRS stories we can learn about the principles of Catholic social teaching and the ways we can put them into action during Lent and beyond.

Ways to enhance your Lenten CRS experience:

- Come together in prayer as a family.
- Reflect on our roles in caring for our brothers and sisters bearing the crosses of hunger, poverty and war as members of our human family.
- Use your CRS Rice Bowl and Lenten calendar daily to guide your prayer, fasting and almsgiving.
- Visit crsricebowl.org/stories for videos that will help you grow in your Catholic faith.
- Prepare simple meals on the Fridays of Lent to eat in solidarity with our brothers and sisters around the world.

Ushers and Greeters will be passing out Lenten Rice Bowls this weekend. 94% of the money collected goes to food security programs worldwide.

FINANCIAL STEWARDSHIP

Sunday Offertory—2/11/18 \$8,303



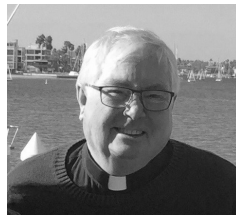
Call for Volunteers

For our 2018 PSA, once our Diocesan goal is met, we have announced that additional funds will be used at St. Anne's to carry out plans for enhanced safety and security at our campus.

Fortunately, as part of our Construction & Maintenance Committee, we began work on safety & security concerns in July 2017 with the formation of a Safety & Security subcommittee. Before that, in December 2016, we had merged the previous Parish Safety & Security Committee, under the direction of Dave Smith, with the existing Construction & Maintenance Committee because of the overlap with planning and implementing both construction and safety/security projects. However, with all the time required to oversee our recent Bell Tower repair project, the Safety & Security working group was only recently able to focus their energy again.

Luckily, we have a good set of subject-matter experts that have volunteered. The current members of the Safety & Security Working Group are Jan Cooper, Terry Cunningham, Tim Kimminau, Joe Lazzari, Don Miller, Tom Ryan and Dave Smith.

However, **Msgr. Mike is asking for additional volunteers** to help by joining the Safety & Security Working Group. We could use additional experience and expertise in medical (physicians, EMTs, PAs, nurses), law enforcement (police, sheriffs), and training (facilitators, teachers, instructors). Please consider volunteering if you currently work in those occupations, or are retired from those professions.



The working group meets every other Friday from 5:00-6:00pm, and the work of building a plan for the transition to a Safety & Security Ministry is expected to take the next several months. If you are unable to volunteer directly for the working group, but have experience and expertise in the required areas, perhaps you can consider being an on-call resource.

If you have questions, would like more information, or would like to volunteer, please contact Don Miller at

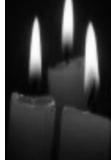
don@corinium.com, or
562-430-2516 (home).

Volunteers!



9:00 AM MASS INTENTIONS

- 2/19 †Edward Blackford, Jr.
 2/20 †John Bowles
 2/21 Jean Bowles
 2/22 †Vincent Haehn
 2/23 †Martha Ryan
 2/24 †Petrona Cano
 († Rest in God's love and peace)



PLEASE PRAY FOR

Msgr. MacCarthy, Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Brenda Malloy, Kathleen Kastner, Kathy Purcell, Aurora Lavadia, Mike Pendleton, Jerome Gendron, Julia Poirier, Jim & Julie Ferguson, Mary Maskell, Merrill Butler, Steven Lang, Kay Lang, Linda Bolt, Bob Wagner, Greg Rousselo, Sylvia Bartolomucci, Bob Rattray, Joel Rivera

LENT

The U.S. Conference of Catholic Bishops has declared that:

- Every person 14 years of age or older must abstain from meat (and items made with meat) on Ash Wednesday, Good Friday, and all the Fridays of Lent.
- Every person between the age of 18 and 59 (your 59th birthday begins your 60th year) must fast on Ash Wednesday and Good Friday. Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, *but combined they should be less than a full meal*. Liquids are allowed, but no solid food should be consumed between meals.

SACRAMENTS

In order to celebrate the following Sacraments at St. Anne, it is vital to be an active member of our Faith Community.

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m.

Marriage: Contact the Parish Office for information about being married in our Church. An appointment with one of our priests to begin marriage preparation must be made at least 6 months before the wedding celebration.

Funeral: Contact the parish office to arrange funerals.

- ⇒ If you wish to become a member of our parish family, please stop by the Parish Office.
 ⇒ If you want information about any of our many active Ministries, please pick up a brochure from the vestibule.