

16 February 2020

Sixth Sunday in Ordinary Time

Saint Anne

SEAL BEACH



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Deacon Peter Nguyen | dcn.peter@stannesealbeach.org

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Vikki Lyons | Front Office | office@stannesealbeach.org

Tim Kimminau | Cleaning & Maintenance | tim@stannesealbeach.org

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM, 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat. 8:30AM; Sat. 4:00-4:45 PM

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LENT

The days are coming, sayeth the Lord, the days are coming: namely February 26th, Ash Wednesday, when the season of Lent begins. At Mass we will hear again the word of God through the prophet Joel, calling us to: “return to me with your whole heart, with fasting and weeping, and mourning. Rend your hearts, not your garments and return to the Lord.”

The origins and duration of Lent are related to the development of Easter. The Roman Lent was linked to the pastoral and liturgical



preparation of catechumens for baptism at the Easter Vigil. A period of preparation and fasting likely has been observed before the Easter festival since apostolic times, though the practice was not formalized until the First Council of Nicaea in 325 CE.

The season of Lent is currently forty days (not including Sundays) of fasting, prayer and penitence before Easter. It was a time of preparation of candidates for baptism. As infant baptism became a more common practice, baptized sinners saw Lent as a time to repent.

During the first three centuries most Christians prepared for Easter by fasting only two or three days. In some places this “Paschal fast” was extended to the whole week before Easter (what we now call Holy Week.) In Rome it originally may have lasted three weeks but by the fourth century it had developed into a “Lent” of forty days, following the length of time Jesus spent fasting in the desert.

It may have also been influenced by another forty day fasting tradition, an ascetical one which began immediately after the feast of Epiphany. Popular among monks, it emphasized prayer and penance.

In the early centuries fasting rules were strict, as they still are in Eastern churches. Only one meal a day was allowed in the evening, and meat, fish, eggs, and butter were forbidden. The Eastern churches also restricts the use of wine, oil, and dairy products. In the West these fasting rules have gradually been relaxed. The strict

law of fasting among Roman Catholics was dispensed with during World War II, and only Ash Wednesday and Good

Friday are now kept as Lenten fast days. The emphasis on penitential practice and almsgiving remains, and many Catholics also observe a meatless fast on Fridays during Lent.

A lot of Christians choose to give up specific pleasures, such as sweets, alcohol, or social media, during Lent as a way to foster simplicity and self-control; many use their cravings or desires for these

items as a reminder to pray and to refocus on spiritual matters.

In the Anglican churches *The Book of Common Prayer* prescribes that Lent be observed with fasting. In Lutheran and many other Protestant churches Lent is observed with various services and practices, though Lent is not formally observed in many Evangelical or nondenominational churches.

While many people make their way to confession and penance services during Lent, this should be balanced with good works. As Saint Paul told the Corinthians, “Each must do as already determined, without sadness or compulsion, for God loves a cheerful giver.” Think of a field after the winter snows and rain. When the ground has thawed the farmer pulls up whatever weeds survived the freeze and then plants the seeds he or she hopes to harvest in the coming months. Bad sins get pulled out; good works get planted. Remember: the word *Lent* came from the Middle English word *Lenten* which means “springtime.”

Msgr. Mike

Around our Parish

KNIGHTS OF COLUMBUS

MONTHLY MEETING / MEMBERSHIP

All interested Catholic men are invited to attend our Council meetings. We typically meet the 1st Monday of each month at 7:00 p.m. in the Parish Hall. The next meeting is scheduled for Monday, March 2nd. For additional information, please contact Russell Stark at 949-527-0172.

ST. PATRICK'S / ST. JOSEPH'S DAY POTLUCK DINNER


Save the date for our annual St. Patrick's /St. Joseph's Day Potluck Dinner on Saturday, March 7th at 6:00 p.m. in the Parish Hall. Sign-up sheets are posted in the front vestibule and outside the side entrance of the Church. For more information, contact Jim St. Omer Roy at 714-609-1297.

"Help Us Help Those In Need"

WOMEN'S GUILD

All parishioners are invited to attend our next Women's Guild meeting on Monday, February 24th at 6:30 p.m. Come hear our guest speaker, Peggy Normandin, radio host of EWTN's "Call me Catholic". If you have questions call Monica Caliri at 562-761-1527.

ASH WEDNESDAY

Ash Wednesday Masses on February 26th will be offered at 9:00 a.m., 12 noon and 7:00 p.m. 

PASTORAL SERVICES APPEAL



There are a few brochures left in the vestibule if you did not receive one in the mail. Once you have prayerfully considered your pledge/donation, simply fill out and tear at the perforated section of the brochure. Fold and seal, fill out your return address, stamp and mail directly to the Diocese of Orange. All monies collected over our goal will come back to St. Anne's and be used to improve our sound system.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

WOMEN'S SILENT RETREAT

Please join us for the Women's Silent Retreat at the Sacred Heart Retreat Center in Alhambra April 3rd-5th. Sr. Marie Andre, Carmelite Director of the Sacred Heart Retreat House will be available to answer questions about this retreat after the 8:00 a.m, 10:00 a.m. and 12 Noon Masses on Sunday, February 16th. She can also tell you about the other work they do for school children and a wonderful senior home. Prayerfully consider attending. Additional information is in the vestibule or contact: Lisa Cave 661-435-5379 or Maureen Pekar 562-235-3001 for more information.

CAREER RENEWAL MINISTRY

Attention job seekers. On February 20th, Career Renewal guest speaker Arthur Gray will present "A Strategic Plan for Your Life". Learn how to capitalize on your strengths and build a network for success. All are invited. For more information contact Kathy Keller at 714-206-0885/keller.math@gmail.com or Ted Rozolis at 714-330-5067.

CHURCH OFFICE CLOSED



The Church office will be closed on Monday, February 17th, in observance of President's day.

ST. PADRE PIO HEALING MASS-

Please join us on Monday, April 16th at 1:00 p.m. for the Chaplet of Divine Mercy, the Holy Rosary and Healing Mass. Individuals may receive personal blessings after the Mass. All are welcome! For more information, please call Janice Herlihy at 562-537-4526.

Dynamic Faith



ENVIRONMENTAL TIPS -

LAUDATO SI'

Finding it tough to avoid the packaging on certain food items? Start cooking these items from scratch! Many prepackaged items we purchase are very easy to make. Consider making your own pizza crusts, hummus, guacamole, quick breads, etc. Better for your health, better taste, and less waste!

HEALTH ISSUES & SUNDAY MASS

Sooner or later we all get sick. If that happens to you on a weekend, you are NOT obliged to attend Mass. In fact, we would prefer that you stay home and keep your germs to yourself! Drink plenty of liquids. Rest. For those who are at home or in a hospital or convalescent care, you can catch Catholic Mass on television every Saturday at 4:00 p.m. on Channel 285.



THE POPES INTENTIONS

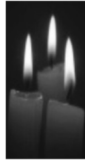
FEBRUARY 2020

Listen to the Migrants' Cries:

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

9:00 AM MASS INTENTIONS

2/17 †Mel Ramos
 2/18 †Walter Janis
 2/19 †William Johnson
 2/20 Terry Mozeleski
 2/21 Anne Dwyer
 2/22 †Carmen Caruso
 (†Rest in God's love and peace)



PLEASE PRAY FOR



Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Kathy Purcell, Julia Poirier, Jerome Gendron, Jim Ferguson, Mary Maskell, Mary Kiely, Linda Bolt, Marlene Blackford, Bob Wagner, Bob Rattray, Julie Rivera, Pat Giacomi, Ernie Ramirez, Mike Harvey, John Barnes, Mary Kunz, Katherine Irwin, Dixie Redfearn, Beverly Maybrier, Cathy Oliver, John Holland, Dorothy Ceballos, L. Tanguay, Ed Michaud, Bob Dutro, Nick Williams and Norma Reinhardt.

*"Be who God meant you to be and you will set the world on fire."
 – St. Catherine of Siena*

SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

PreK-8 Faith Formation: For information about Faith Formation programs, please call 562-431-0721 ext. 16 or email faith_formation@stannesealbeach.org.

Confirmation: For information about our Youth Ministry programs, please call 562-431-0721 ext. 15 or email ym@stannesealbeach.org.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least six months before the wedding celebration.

Funeral: Contact the Parish Office to arrange funerals.

Sacrament of the Sick: In case of serious illness, contact the Parish Office.

Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office.