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Jan Cooper, Front Office | office@stannesealbeach.org | Mon.—Fri. 8:00am to 4:00 pm

Tim Kimminau, Cleaning & Maintenance | tim@stannesealbeach.org | 562-431-0721 Ext. 17

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM, 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat. 8:30AM; Sat. 4:00-4:45 PM

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SABBATH

Way back when, just after God had created the heavens and the earth, Genesis tell us that God "rested on the seventh day from all the work he had undertaken. God blessed the seventh day and made it holy, because on it he rested from all the work he had done in crea-

tion." To this day, Jews gather in worship on Saturdays, the seventh day of the week; to honor the resurrection of Christ, Christians gather weekly on the first day of the week, our equivalent of a sabbath.

On that day, believers are to imitate God who rested and to refrain from "servile work." The Book of Exodus says, "You shall remember that you were a servant in the land of Egypt, and the Lord your God brought you out thence with a mighty hand and an outstretched arm." We can rest because we are no longer slaves. Work does not define us.

In our secular society today, resting on the sabbath is not always

reasonable. The checkers in the market are scheduled to work over all seven days of the week; so are bus drivers, police officers and many other professionals. We priests work the hardest on Sundays. (Obviously we have a lousy union.)

But Jesus did too. On a sabbath when Jesus was in a synagogue, a man with a withered hand was presented to him by others with the question, "Is it lawful to heal on the sabbath?" Matthew tells us that their purpose was to be able to accuse Jesus, presumably either of not being a real miracle worker or of breaking the sabbath rest. Jesus does not take the bait; he heals the man's hand, telling his accusers that "it is lawful to do good

on the sabbath."

The point is not so much whether or when to work or not, but to become holy because to become holy is to be like God who rested. We have a way of turning even our spiritual lives into tasks: so many novenas

and rosaries; prayers morning, noon and night; monthly confessions, weekly Mass, prayer group on Wednesdays, etc. Rather, we can envision our prayer as contemplative, as a way of resting in the Lord.

When I was in my first parish as a priest, there was a man who spent almost the whole day in church. I'd go over for a funeral, he was there; baptisms in the afternoon, still there; devotions in the evening, yep, he was still there. I figured he was some kind of religious zealot, though he seemed nice enough (in my experience, zealots are rarely nice guys.) Finally, I went up to him and asked him what he did all

day in the church. He gestured at the tabernacle and said, "I just look at him and he just looks at me."

Contemplation is what you do when something attracts you: a sunset, a moving piece of music, the faces of those you love, three small children looking at something one of them has in his hands. Another word for contemplation is delight—not so much to obey, or learn about, or question, but to take delight. As Isaiah says, "If you ... call the sabbath a delight ... if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; then you shall take delight in the Lord." Msgr. Mike



Around our Parish

KNIGHTS OF COLUMBUS

BLOOD DRIVE

Once again, St. Anne's Knights of Columbus want to thank our parish for their support of our annual Blood drive. Sixty-two units were collected!

ALASKAN FISH DINNER

The 16th Annual Al Hentges Memorial Alaskan Fish Dinner will be held this Sunday, August 4th. There will be a 5:00 PM and 7:00 PM seating. The suggested donation is \$20 per person, with all proceeds going directly to support local seminarians. Tickets will be available after all masses this weekend. For additional information, contact Ed Harkins at 562-505-4535.

MONTHLY MEETING / MEMBERSHIP

All interested Catholic men are invited to attend our Council meetings. The next meeting is scheduled for Monday, August 5th. For more information, contact Russell Stark at 949-527-0172.

"Help Us Help Those In Need"

THIRD WORLD GIFTS/HOMEBOY

Third World Gifts and Homeboy/Homegirl Industries will be having a sale of fair trade crafts and fresh delicious baked goods/products in our Parish Hall following all masses August 10th and 11th.

Third World Gifts and Handarts is a non-profit organization founded in Anaheim in 1975 to serve the economic needs of the destitute people in the United States and in developing nations worldwide. Their principal mission is to support the self-employment of thousands of artisans by marketing the beautiful and useful items they craft as a means of supporting themselves and their families.

Homeboy/Homegirl Industries provides job training positions and free social services for formerly gang involved and previously incarcerated men and women.

YOUTH MINISTRY

All freshmen through seniors in high school are welcome to join us for our summer events!

Aug. 13—Taco Tuesday (Noon-2 PM)

Aug. 21—Outdoor Movie Night (7:30-9:30 PM)

TUESDAY

For more information about any of these events, email ym@stannesealbeach.org.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith,

MATTHEW: THE KING & HIS KING-DOM BIBLE STUDY PROGRAM

The Matthew: The King and His Kingdom study program shows how Jesus fulfills God's promises to Israel and establishes his kingdom on earth. Through references to the Old Testament promises of God to his people and the messages God sent them through the prophets, the Matthew Bible study program provides the key to understanding the rest of the New Testament and Christ as the fulfillment of God's plan. In this 24-part study of the Gospel of Matthew, presenter Jeff Cavins explains how Jesus is challenging and empowering us to a new level of holiness and shows how we must be thoroughly immersed in the kingdom of heaven on earth, the Church, to live it.

Components of the Matthew Bible study program includes twenty-four 50-minute video presentations and the "Matthew: The King and His Kingdom Workbook," which contains session summaries, home reading assignments, study questions & responses, and talk notes designed to accompany the videos. A link to the online video is made available for those who have to miss a class! Registration forms are available in the vestibule of the church. The session begins Thursday, Sept. 5th and meets weekly (no class 10/31 or 11/28) through Dec. 12th. The cost is \$30 per person for the first 30 registrants and \$38 per person after that. If you turn in your registration form to the Parish Office, you will receive your book and schedule at that time. If you drop it through the mail slot, you will receive them at the first class.

WOMEN'S GUILD

MONTHLY MEETING/MEMBERSHIP

Meetings are not scheduled for August. Our next meeting will be the Salad Supper on September 23rd! For membership information, please pickup a Women's Guild brochure and membership application from the back of the church. For more information, please call Kathy at 707-477-0104.

Around the Diocese

FIELD TRIP TO REAGAN LIBRARY AND DA VINCI EXHIBITION

Holy Family is offering a field trip to the Reagan Library and Da Vinci exhibition organized by the St. Therese Organization on Friday, August 16th leaving at 10:00 a.m. The exhibit of The World of da Vinci features over three-dozen reconstructions of Leonardo da Vinci's fantastic machines, including over a dozen that are built life size including his Great Continuous Organ, Mechanical Lion, and Great Kite. The remarkable exhibition also contains many hands-on interactive stations where you can learn more about his inventions and his art, including the Mona Lisa and Last Supper. Motorcoach bus transportation and an upscale Buffet lunch at the Air Force Pavilion (under the wings of Air Force One) are included. Tickets are \$80 per person and are available at the Holy Family parish office. For more information, call the Holy Family Rectory at 562-430-8170 during office hours (M-F, 9a.m. to 3 p.m.).

CATHOLIC GIFT SHOP

There is a new Catholic Bookstore and Gift Shop at the Cultural Center on the Christ Cathedral Campus featuring books, rosaries, bibles, gifts, statues, souvenirs, jewelry and art with special sections devoted to priests, the sacraments, saints, greeting cards, Spanish & Vietnamese languages and goods. The store is open 7 days a week from 10:00 a.m. to 5:00 p.m.

CATHOLIC CHARITIES PILGRIMAGES

Catholic Charities of California is excited to be hosting walking pilgrimages in Spain along the Camino de Santiago and in Italy along the Via Francigena, as well as non-walking pilgrimages visiting early Christian monastic sites in Ireland, colonial Catholic churches in Cuba and following the footsteps of martyrs in Mexico. Please join us for an informational meeting on Saturday, August 10th at 10:00 a.m. at Our Lady Queen of Angels in Newport Beach OR at 2:00 p.m. at St. Vincent De Paul Church in Huntington Beach. For more information regarding the pilgrimages, please go to our website at www.Catholic-Pilgrimage.com, call 916-706-1539, ext. 12, or contact CCC at pilgrim@catholiccharitiesca.org.

9:00 AM MASS INTENTIONS

8	/5	₽ Brian	Henderson	ı

骨Fiona Tiernan 8/6

Fr. Ben Tran 8/7

Peggy Houle 8/8

8/9 **‡**Louis Rahl

8/10 ₱Burke & Keating Families

(Prest in God's love and peace)



PLEASE PRAY FOR



Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Kathy Purcell, Mike Pendleton, Julia Poirier, Jerome Gendron, Jim Ferguson, Mary Maskell, Mary Kiely, Steven Lang, Marlene Blackford,

Linda Bolt, Bob Wagner, Bob Rattray, Julie Rivera, Pat Giacomi, Ernie Ramirez, Mike Harvey, John Barnes, Katherine Irwin, L. Tanguay, Dixie Redfearn, Mary Kunz, Patrick Gallagher, Eddie Kearns, Dewey Lineha, Jean Ramirez, Mike Mauro

*If you would like to have your name added or removed from this list, please call the parish office.

"All the darkness in the world cannot extinguish the light of a single candle." — St. Francis of Assisi

"The ordinary acts we practice every day at home are of more importance to the soul than their simplicity might suggest." — St. Thomas More

SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

PreK-8 Faith Formation: For information and/or enrollment in Faith Formation programs, please contact faithformation@stannesealbeach.org.

Confirmation: For C1 or C2 registration, or for more information, please contact the Parish Office or email ym@stannesealbeach.org.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least 6 months before the wedding celebration.

Funeral: Contact the Parish Office to arrange funerals. Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office. Sacrament of the Sick: In case of serious illness, contact the Parish Office.