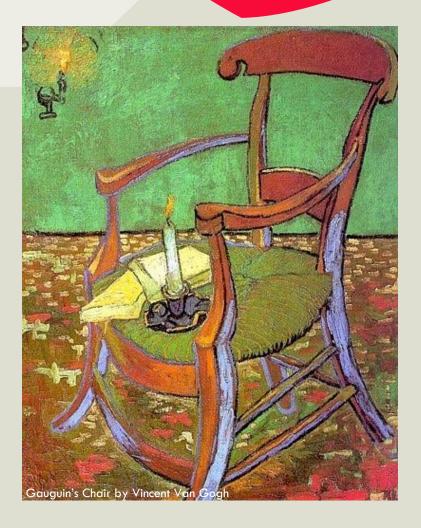
Nineteenth Sunday in Ordinary Time

SEAL BEACH



Msgr. Mike Heher, Pastor | pastor@stannesealbeach.org | 562-431-0721 Ext. 14

Fr. Timothy Nguyen, Parochial Vicar | pv@stannesealbeach.org | 562-431-0721 Ext. 11

Fr. Robert Vidal, Pastor Emeritus | Fr.bob@stannesealbeach.org

Deacon Peter Nguyen | dcnpeter@stannesealbeach.org

Amy Papageorges, Faith Formation | dre@stannesealbeach.org | 562-431-0721 Ext. 16

Rhea Garalde, Youth Ministry/Confirmation | ym@stannesealbeach.org | 562-431-0721 Ext. 15

Jan Cooper, Front Office | office@stannesealbeach.org | Mon.—Fri. 8:00am to 4:00 pm

Tim Kimminau, Cleaning & Maintenance | tim@stannesealbeach.org | 562-431-0721 Ext. 17

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM, 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat. 8:30AM; Sat. 4:00-4:45 PM

340 10TH ST. | SEAL BEACH CA 90740 | 562-431-0721 | WWW.STANNESEALBEACH.ORG

IN THE SHADOW OF YOUR WINGS

his morning as I was praying the Divine Office, a line in Psalm 63 caught my eye. The Psalmist is praying, "...in the shadow of your wings I rejoice." I have been praying the Office for nearly fifty years and so I must have read that line hundreds of times. But today I asked, what does it mean to be under the shadow of God's wings? What is behind the metaphor?

I did what I usually do when first I have a question: I googled "shadow" and "wings." I discovered that large birds like eagles protect first their eggs and then their baby birds in the nest by covering them with their wings. On the internet you can find photos of eagles doing just so. The parent's body heat warms the eggs, helping them to develop and hatch, and then protects

the newborns until they are developed enough to fend for themselves.

A lot of the time we pray to God to make us strong. We want to stand up on our own two feet, face our own challenges, show God by our good deeds and words that we serve him. Only after experience do we become aware of how vulnerable we still are, how we do need God's protection.

Think of a man with a serious illness, how he needs to be protected from germs, kept warm with blankets, have an intravenous drip to nourish him and keep him sufficiently hydrated. He will heal but only by being kept safe.

We have a similar relationship with God. Jesus taught us how to pray and so we do. We pray "thy kingdom come. Thy will be done on earth as it is in heaven." Since we know we can't do it all, we also ask to be shielded from "temptation" and "evil," that is, to be sheltered in the shadow of God's wings.

Perhaps the first half of our lives the emphasis is on growing, maturing, gaining knowledge and experience, testing out our talents and stretching toward and pushing out to the far end of our limits. During the second half of our lives we must learn to let go, surrendering ourselves to acts of love and service, but also, begrudgingly, to bouts of feebleness that we are not strong enough to overcome. We go to our doctors and take the meditations they prescribe. We run no longer for the sheer exhilaration of it but to keep our bodies in as good a shape as we can. Our eyesight weakens and one day we are not allowed to drive

anymore. The memory isn't what it used to be. We might remember clearly what someone told us in the fourth grade long ago but, if someone asks what we ate for breakfast today, we aren't sure. Some of us end up in a nursing home because we can no longer sufficiently care for ourselves.

I suspect that the reason I finally noticed that line from Psalm 63 is because it resounded with my current experience: as I age, I notice how much

more I depend on and rejoice at my position in the shadow of God's wings.

On my bed I remember you.

On you I muse through the night

For you have been my help;

In the shadow of your wings I rejoice.

My soul clings to you;

Your right hand holds me fast

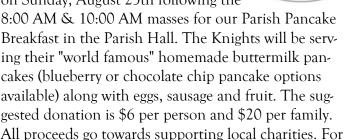


Around our Parish

KNIGHTS OF COLUMBUS

PANCAKE BREAKFAST

Please join our Knights of Columbus on Sunday, August 25th following the



MONTHLY MEETING / MEMBERSHIP

All interested Catholic men are invited to attend our next meeting on Monday, September 9th. For more information, contact Russell Stark at 949-527-0172.

"Help Us Help Those In Need"

more information, contact Steve at 714-418-7041.

WOMEN'S GUILD

MONTHLY MEETING/MEMBERSHIP

Meetings are not scheduled for August. Our next meeting will be the Salad Supper on September 23rd! For membership information, please pickup a Women's Guild brochure and membership application from the back of the church. For more information, please call Kathy Stoddard at 707-477-0104.

THIRD WORLD GIFTS/HOMEBOY

Third World Gifts & Handarts will be here this weekend for a fair trade sale that will include: Jewelry from Native Americans, purses & alpaca wool scarves from Bolivia, pearl jewelry from survivors of trafficking in Thailand, scarves from India and Vietnam, carvings from Kenya, crosses from Indonesia, ornaments from the Philippines, nativities from Peru and more! Their nonprofit, all-volunteer organization was founded at a local parish in 1975 to benefit impoverished artisans and their families in the United States, and in developing nations worldwide.

The ever-popular fresh jams and fresh baked bread from Homeboy Industries & Homegirl Catering of Los Angeles will also be on hand! Homeboy/ Homegirl Industries provides job training positions and free social services for formerly gang involved and previously incarcerated men and women.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith,

THANK YOU

Thank you. Two small words with a wealth of meaning. I am touched beyond words by your response to my Mission Appeal a few weeks ago. Not only did you contribute generously for the Sewing Machines but I was also impressed by your interest and encouragement of this project. The



money collected will provide sewing machines for 95 widows. I pray you keep the Missions in your prayers. God bless, Sr. Eymard Flood, OSC.

MATTHEW: BIBLE STUDY

The Matthew: The King and His Kingdom study program shows how Jesus fulfills God's promises to Israel and establishes his kingdom on earth. In this study of the Gospel of Matthew, presenter Jeff Cavins explains how lesus is challenging and empowering us to a new level of holiness and shows how we must be thoroughly immersed in the kingdom of heaven on earth, the Church, to live it. The program includes twenty-four 50-minute video presentations and the "Matthew: The King and His Kingdom Workbook," containing session summaries, home reading assignments, and study questions & responses. A link to the online video is made available for those who have to miss a class! Registration forms are available in the vestibule of the church. The session begins Thursday, Sept. 5th and meets weekly (no class 10/31 or 11/28) through Dec. 12th. The cost is \$30 per person for the first 30 registrants and \$38 after that. Please turn in your registration form to the Parish Office.

YOUTH MINISTRY

All freshmen through seniors in high school are welcome to join us for our summer events!

Aug. 13–Taco Tuesday (Noon-2 PM)

Aug. 21—Outdoor Movie Night

(7:30-9:30 PM)

For more information about these events, email ym@stannesealbeach.org.



Around the Diocese



DIOCESE of ORANGE, OFFICE OF THE BISHOP

July 26, 2019

Dear Friends in Christ,

Please join me in opposing the provision of abortion on university campuses in California and praying for the protection of infants and young college-age women from the scourge of abortion.

SB 24-the bill that would mandate staff at all California state university health clinics to dispense abortion inducing medications-has steadily advanced through the California legislature and is now poised to become law. This is unprecedented intrusion on university campuses. It is unnecessary and only serves to further indoctrinate the young to the ideology of abortion. We must continue our efforts to stop this deadly piece of legislation. The womb should not become a tomb for any child anywhere in our state. Women and children deserve better.

I am grateful for all the letters and phone calls of opposition you have already made to your legislators. Continue to do so. The State Legislature is on recess from July 12 to August 11. This means many legislators will be in their home districts. This is a good time to pay them a visit.

At this critical moment, I urge all Catholics and all Christians to join together in prayer. Our own political action is important but we must also draw wisdom and strength from prayer. Salvation History is filled with examples of the focused, unified prayer of many Christians overcoming evil even when, from our limited human perspective, the cause seemed insurmountable and hopeless.

My heartfelt thanks, in advance, for your cooperation. May the intercession of our Blessed Mother Mary sustain our pro-life efforts with the wisdom and mercy of her Son, Jesus.

Respectfully,

Most Rev. Kevin W. Vann, J.C.D., D.D. *Bishop of Orange*

9:00 AM MASS INTENTIONS

8/12 Famil	y of Frank	: Cannova
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8/14 Cody Roy & Mae McGlynn

8/15 Assumption of the Virgin Mary

(Prest in God's love and peace)



PLEASE PRAY FOR



Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Kathy Purcell, Julia Poirier, Jerome Gendron, Jim Ferguson, Mary Maskell, Steven Lang, Marlene Blackford, Linda Bolt, Bob Wagner,

Bob Rattray, Julie Rivera, Pat Giacomi, Ernie Ramirez, Mike Harvey, John Barnes, Katherine Irwin, L. Tanguay, Dixie Redfearn, Mary Kunz, Eddie Kearns, Mary Kiely, Dewey Linehan, Jean Ramirez, Mike Mauro

*If you would like to have your name added or removed from this list, please call the parish office.

THE ASSUMPTION OF THE BLESSED VIRGIN MARY

On this Holy Day of Obligation, Masses will be offered Wednesday, August 14th at 7:00 p.m. and Thursday, August 15th at 9:00 a.m., Noon, and 5:00 p.m.



SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month.

PreK-8 Faith Formation: For information and/or enrollment in Faith Formation programs, please contact faithformation@stannesealbeach.org.

Confirmation: For information regarding Confirmation, Lighthouse leadership and other Youth Ministry programs, please email ym@stannesealbeach.org.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least 6 months before the wedding celebration.

Funeral: Contact the Parish Office to arrange funerals. **Sacrament of the Sick:** In case of serious illness, contact the Parish Office.