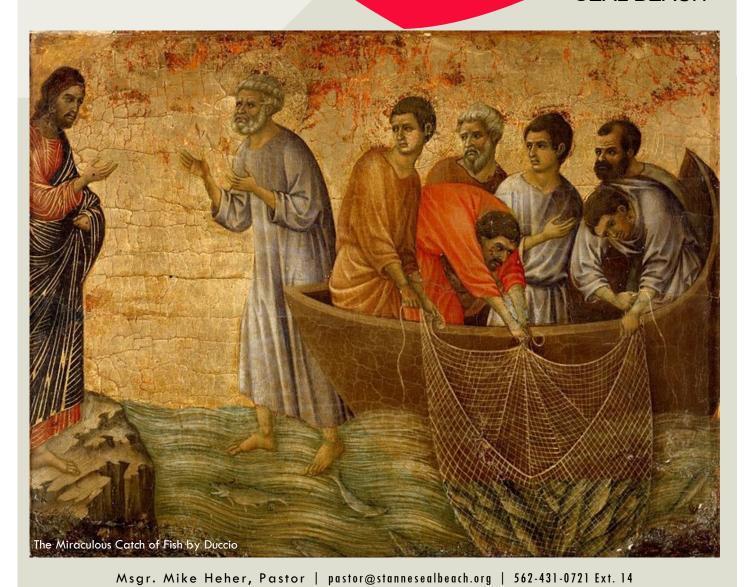
# SEAL BEACH



Fr. Ben Tran, Parochial Vicar | pv@stannesealbeach.org | 562-431-0721 Ext. 11

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Tim Kimminau, Cleaning & Maintenance | tim@stannesealbeach.org | 562-431-0721 Ext. 17

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM, 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat. 8:30AM; Sat. 4:00-4:45 PM

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# **EXPERIENCE**

Once when I walked into a parish hall, I found maybe eight Latina women making tamales and chatting in Spanish with one another. On the table was a large

bowl of masa and a smaller bowl of what looked like spicy shredded chicken. There was also a large pile of corn husks. Each woman would gather a handful of masa, add some chicken to the middle and then pat the masa into place and fold a corn husk around it. The one that looked to me the oldest was also the fastest and she had the best technique. Scientists talk about muscle memory; she surely had it. Her hands were on automatic pilot and she seemed to be the one who also had the most to talk about. Start to finish, each tamale

took her about forty seconds to fashion. You could tell she had been making tamales her whole life long. I just stood there and witnessed this wonder.

I sense something similar when my doctor puts on his stethoscope and listens to my lungs and heart. When I asked him about it, he told me that at each location he is listening for something different. He has been doing the same thing for many years with thousands of patients. He knows where to place the stethoscope and what he is listening for at each of the places he goes to. If he stays at one location too long, I get nervous. Surely something doesn't sound right to him. Or maybe he is just checking to make sure he heard what he was listening for. There is probably a fancy high-tech device with many bells and whistles that can capture the readings with the upmost accuracy, but I'll stick with my skilled doctor and his trusty stethoscope.

I remember when I was first ordained how deliberate I was to be sure to bow, bless, extend hands, pour, wipe, genuflect—those were the days I still could genuflect—and properly perform all the other actions a priest was required to do to celebrate Mass. Now I hardly think about it. Like a dancer, I have the moves down pat.

Which is good because it allows me to pray with my whole body, mind and spirit. I could possibly say Mass in my sleep, and there were some early morning

Masses after late nights in which I probably did.

The young have strength and speed but as we go through life, we can gain something just as useful: experience. When the Senora was young, she was trained by the older women how to make tamales and she closely watched the others to see precisely how they did it. My doctor was an intern once and saw how other doctors performed their examinations of their patients. I do certain things at Mass the way I do because a priest I admired did it in a

particular way; once I got to celebrate Mass, I did it the way he did. (At a newly ordained priest's first Mass in the old days, it was the custom to have a senior archpriest watch over the new guy to make sure he did it all correctly.) Experience is passed down from generation to generation, each of us adding something to the mix, hopefully something positive.

Of course, we know people that just keep doing the same stupid things in the same cloddish way. They too don't notice what they're doing and never gain any finesse, like a piano player who plays the same tune with exactly the same mistake each time he plays.

Prayer can be that way. We have our routine that we learned as a child, or from a book, or from the direction of a preacher, or from the suggestions of a friend. We say the same prayers and intercede for the same people again and again. Nothing wrong with that; practice can make perfect. And yet any prayerful routine requires the addition of focus. The soul needs to be personally reaching out for God every single time. If you phone it in, it will not work.



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# Around our Parish

## KNIGHTS OF COLUMBUS

#### MOTHER'S DAY ROSES

St. Anne's Knights of Columbus are teaming up with the Life Centers of Orange County to offer roses for a suggested donation of \$5 for two or \$30 per dozen on Mother's Day weekend after all masses. All proceeds go to benefit Pro-Life efforts at Orange County Life Centers. Please help make our Mother's Day Rose campaign another great success. For more information, please contact Tom at 714-679-5300.

#### MONTHLY MEETING / MEMBERSHIP

All interested Catholic men are invited to attend our Council meetings. The next meeting is scheduled for Monday, May 6th. For more information, contact Paul Pudenz at 657-245-3722.

"Help Us Help Those In Need"

## WOMEN'S GUILD

#### MAY 13TH GENERAL MEETING

All women of the parish are invited to an inspiring Marian presentation on May 13th in the Parish Hall. In May, we honor the gift of motherhood, especially the model of all mothers, our Blessed Mother Mary. Please bring fresh cut flowers to honor her as we crown her during of our General Meeting. Our guest speaker, Fr. Ben, will tell us about one of the greatest supernatural occurrences in history and the three secrets Our Lady revealed to three poor children of Fatima who are now canonized saints: Sts. Lucia, Jacinta and Francisco. Come join us at 6:30 p.m. for a social and at 7:00 p.m. for Fr. Ben's presentation.

#### A SPA FOR YOUR MIND AND SOUL

All women are invited to sign up for "A Spa for Your Mind and Soul." The retreat will be held on Saturday, May 18th from 8:30 to 11:30 a.m. Claire Frazier-Yzaguirre, M.Div., MFT, licensed therapist, speaker, author, wife and mom will share practical and inspirational ways to live the REAL LIFE that God wants for each of us; a life of balance, love and joy. Come refresh and renew! A \$20 donation includes a delicious breakfast and the retreat. For further information, call Monica at 562-761-1527.



#### **OUR MISSION:**

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

## PARISHES IN COLLABORATION

This weekend all people of the Diocese of Orange will have the opportunity to donate to the Parishes in Collaboration Collection. This collection is for the purpose of assisting parishes in our Diocese that exhibit ongoing needs that can't be paid for by their ordinary income and have urgent needs. All money donated to this collection is put into a restricted fund that is administered by a group consisting of laity and clergy of the diocese. By participating in the Parishes in Collaboration Collection, all of us are helping one another support the works of our parishes that struggle financially.

## WILLS AND TRUSTS

During the week of May 20-25, the Orange Catholic Foundation will provide eleven Wills and Trusts sessions throughout the Diocese. St. Anne will be hosting one of the sessions on Wednesday, May 22nd from 9:30–11:30 a.m. Estate planning and having a Will or Trust in place are responsibilities that all of us should take seriously. All presenters are local Catholic estate planning professionals who will answer questions regarding estate taxes, probate, trusts, guardianship, selecting a personal representative, and steps on how to create or update your plans. Those who attend will be offered a complimentary consultation to be used within six months. If you don't have a Will or Trust, or you need to update yours, please try to join us.

## **MOTHER'S DAY**

Mother's Day prayer cards are available in the vestibule to honor our mothers living on earth and in heaven. Write in the names of the mothers in your life on a card and place it in the basket located in the vestibule. We will pay special tribute to them at our Mother's Day masses.

# LECTORS - SATURDAY, MAY 11-5:00 PM

Student Council members from St. Anne's School in Santa Ana will attend 5:00 p.m. mass on Saturday, May 11th and serve as our Lectors.



# Around the Diocese

## MARIA IMMACULATA LUNCHEON

The Maria Immaculata Mission Circle #138 Annual Luncheon will be held on Monday, May 6th at 11:30 a.m. in Quinn Hall at St. Hedwig. Come participate in opportunity drawings, great food, music, and a raffle. The suggested Mission donation is \$15. For tickets please call Mary Murray at 714-867-2511.

## TEACHER RECRUITMENT FAIR

Diocese of Orange Catholic Schools will hold a Teacher Recruitment Fair from 10-11:30 a.m. on Saturday, May 11th at Our Lady Queen of Angels School in Newport Beach. Representatives from elementary and secondary schools will be present to answer questions and distribute information from their respective schools. For more information, call 714-282-3063 or visit https://www.rcbo.org/events/2019-diocese-of-orange-teacher-recruitment-fair.

## MOTHER'S DAY BRUNCH

Join acclaimed Executive Chef Laurent Brazier at the Christ Cathedral Campus to celebrate Mother's Day on Sunday, May 12th. A classically trained chef and wine sommelier, Chef Brazier has created the perfect brunch menu for all guests to enjoy. The buffet-style brunch is \$49 for adults and \$25 for children, ages 6-12. Children 5 and under are free. There will be a cash bar. Tickets can be purchased for three different seating times: 10:00 a.m., 12:00 p.m. and 2:00 p.m. at https://www.eventbrite.com/e/mothers-day-brunch-at-the-christ-cathedral-campus-tickets-

## MARRIAGE ENCOUNTER

A Marriage Encounter weekend will be held on May 17-19 at the Country Inn and Suites, Orange County Airport. It is open to all married Christian couples who value their relationship and desire a richer, fuller life together. The emphasis is on communication between husband and wife, spending a weekend together away from the distractions and the tensions of everyday life, to concentrate on each other. For more information or to sign up to attend, please contact John or Maggie at 714-873-5136.

## 9:00 AM MASS INTENTIONS

5/8 Peg Clarke

5/11 PTheresa Campbell

(Prest in God's love and peace)



## PLEASE PRAY FOR



Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Brenda Malloy, Ken Hammond, Kathy Purcell, Aurora Lavadia, Mike Pendleton, Julia Poirier, Jerome Gendron, Jim Ferguson, Mary Maskell,

Steven Lang, Linda Bolt, Bob Wagner, Bob Rattray, Julie Rivera, Jean Barbazette, Pat Giacomi, Ernie Ramirez, Mike Harvey, Mary Kiely, John Barnes, Katherine Irwin, Dcn. Gary Mucho, L. Tanguay, Mary Ann McCabe, Mary Kunz

\*If you would like to have your name added or removed from this list, please call the parish office.

"The devotion to the Eucharist is the most noble, because it has God as its object; it is the most profitable for salvation, because it gives us the Author of Grace; it is the sweetest, because the Lord is Sweetness Itself." — Pope St. Pius X

"While the world changes, the cross stands firm." — St. Bruno

## **SACRAMENTS**

**Baptism:** Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

**PreK-8 Faith Formation:** For information and/or enrollment in faith formation programs, please contact faithformation@stannesealbeach.org.

**Confirmation:** Students typically begin the Confirmation process as a freshman in high school and complete the process at the end of their sophomore year.

**Marriage:** An appointment with one of our priests to begin marriage preparation must be made at least 6 months before the wedding celebration.

Funeral: Contact the parish office to arrange funerals. Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office. Sacrament of the Sick: In case of serious illness, contact the parish office.