

27 January 2019
Third Sunday in Ordinary Time

Saint Anne

SEAL BEACH



Msgr. Mike Heher
Pastor
pastor@stannesealbeach.org
562-431-0721 Ext. 14

Fr. Ben Tran
Parochial Vicar
pv@stannesealbeach.org
562-431-0721 Ext. 11

Fr. Robert Vidal
Pastor Emeritus
Fr.bob@stannesealbeach.org

Deacon Peter Nguyen
dcnpeter@stannesealbeach.org

Amy Papageorges
Faith Formation
dre@stannesealbeach.org
562-431-0721 Ext. 16

Jyllian Rhodes
Youth Ministry
Confirmation
ym@stannesealbeach.org
562-431-0721 Ext. 15

Jan Cooper
Front Office
office@stannesealbeach.org

Tim Kimminau
Cleaning & Maintenance
tim@stannesealbeach.org

MASSES: SAT: 5:00 PM; SUN: 8:00, 10:00 AM, 12:00, 4:00 PM; DAILY: 9:00 AM

CONFESSIONS: Mon. - Sat. 8:30AM; Sat. 4:00-4:45 PM

340 10TH ST. | SEAL BEACH CA 90740 | 562-431-0721 | WWW.STANNESEALBEACH.ORG

QUOTES ON COURAGE & BRAVERY

Mary Oliver, one of our best poets, asks a provocative question: "What is it you plan to do with your one wild and precious life?" It is a very good question even for those of us with less days to go than we have already lived. To answer it you have to believe that your life is both wild and precious. Most of us consider ourselves pretty ordinary.

Another poet, Marianne Williamson, puts it this way:

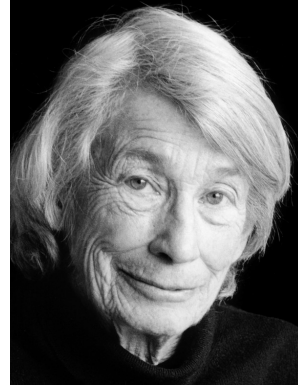
Our deepest fear is not that we are inadequate,
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness, that most frightens us.
We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous—

Actually, who are you not to be?
You are a child of God.
Your playing small doesn't serve the world.
There is nothing enlightened about shrinking so that other people
Won't feel insecure around you.
We are born to make manifest the glory of God within us.
It is not just in some of us: it is everyone,
And as we let our own light shine, we unconsciously
Give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others.

Walter Burghardt SJ reminds us that "Courage is not the absence of fear. It is feeling afraid to do something but finding the strength to do it. For courage, reach. Reach into your deepest self and dare to discover the surprise found by a woman living with cancer: "The more courage I used to get through the day, the more courage I had. The more I embraced life—relationships, nature and the joys of everyday life—the richer my life became."

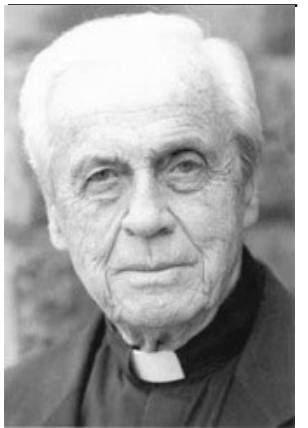
Madeleine L'Engle, the author of *A Wrinkle in Time*, puts it another way: "We have to be braver than we think we can be, because God is constantly calling us to be more than we are."
Msgr. Mike



Mary Oliver



Marianne Williamson



Walter Burghardt SJ



Madeleine L'Engle

Around our Parish

KNIGHTS OF COLUMBUS

MONTHLY MEETING / MEMBERSHIP

All interested Catholic men are invited to attend our Council meetings. We typically meet the 1st Monday of each month at 7:00 PM in the Parish Hall. The next meeting is scheduled for Monday, February 4th. For more information, contact Paul at 657-245-3722.

"Help Us Help Those In Need"

WOMEN'S GUILD

SPUDTACULAR DINNER

On Monday, January 28th, the Women's Guild will host their annual Potato Bar supper. Baked potatoes will be served with many delicious and nutritious toppings. All women of the parish are invited! For more information, call Laura at 657-301-2420.

MONTHLY MEETING/MEMBERSHIP

General meetings are usually the 4th Monday of each month in the Parish Hall. To support our ministries and speakers as a member, please contact Kathy Stoddard at 707-477-0104.

SPREAD THE WORD—NOT THE FLU

Staying healthy physically is a very important part of our spiritual well-being. The sign of peace and communion are integral parts of the Catholic mass, but these traditions can come at a cost in flu season. For the duration of flu season, be considerate and be proactive about taking care of your health with these suggestions:

- Get a flu vaccine, it isn't too late.
 - During flu season wash your hands more than usual and avoid touching your eyes, nose or mouth.
 - In Christian charity, those who aren't feeling well should not attend Mass, and return to church only when they are well. The obligation to attend Mass does not apply to those who are sick.
 - During the Sign of Peace, instead of a handshake, make a simple gesture such as a smile or a bow of the head with the words "Peace be with you" to show the mutual charity celebrated in this part of the liturgy.
- Our church is currently suspending the distribution of the Precious Blood at Mass. Also, our Holy water fonts are being drained and re-filled regularly. We pray for the health and recovery of all who are ill and not with us today.



OUR MISSION:

Saint Anne Church exists to help us become disciples of Jesus Christ who connect with God, grow in faith, and serve in love.

YOUTH MINISTRY ADORATION

Youth Ministry will have Adoration on Friday, February 1st at 7:00 p.m. All are welcome!

BLESSING OF THROATS

On February 3rd, the feast day of St. Blaise, those who wish to receive the Blessing of the Throats will be invited to stay after mass and come forward. St. Blaise was a bishop in Armenia during the 4th century. The first known record of the saint's life comes where he is recorded as helping with patients suffering from objects stuck in their throat. In 316 the governor of Lesser Armenia, Agricola, arrested Bishop Blaise for being a Christian. On their way to the jail, a woman set her only son, who was choking to death on a fish bone, at his feet. Blaise cured the child. Agricola was amazed but when he could not get Blaise to renounce his faith, he beat Blaise with a stick and tore his flesh before beheading him.

In another tale, Blaise was being led to prison, and on the way came across a poor old woman whose pig had been stolen by a wolf. Blaise commanded the wolf return the pig, which it did (alive and uninjured) to the amazement of all. When he reached prison, the woman came to him and brought two fine wax candles in an attempt to dispel the gloom of his darkened cell. St. Blaise is often depicted holding two crossed candles in his hand.



"Mrs. Pendicle, even if you were wearing a turtleneck, it doesn't ruin the blessing on the feast of St. Blaise."

Around the Diocese

PACHANGA TURN-AROUND

Catholic Charities Auxiliary Chapter II is sponsoring a Pechango Casino Turn-around on Saturday, February 9th. The bus will leave St. Anne at 7:30 a.m. and return around 3:30 p.m. The cost is \$25 per person. Come have fun on the bus with Bingo and refreshments, followed by five hours of casino excitement. For more information, call Jackie at 562-431-6092 or Virginia at 714-898-7571.



WORLD DAY OF THE SICK MASS

All are invited to participate in the Diocesan World Day of the Sick Mass on Saturday, February 9th at St. Columban Church in Garden Grove at 10:00 a.m. Most Rev. Bishop Vann will be the principal celebrant. There will be anointing of the sick, laying on of hands, and a blessing with Lourdes water for those who care for the sick.

SILENT RETREAT

Join St. Anne parishioners and Retreat Master Rev. Gary Sumpter for 2 nights and 3 days during Lent (April 5-7, 2019) at the Sacred Heart Retreat House in Alhambra. Fr. Sumpter will give thoughtful talks with the theme; "In You, all find their home." The Carmelite sisters pamper us with lovely rooms, deliciously prepared meals and beautifully serene grounds and chapel. Shared rooms are \$180 each or a private room is \$285. For more information call Maureen at 562-596-4141 or email askmaureen@yahoo.com.

PASTORAL SERVICES APPEAL

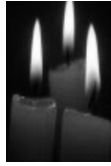
PSA information and envelopes are available in the vestibule of our church. Pledges can be made by mail or you can drop your pledge in the collection basket during Mass. Please prayerfully consider how your family will respond to this call to carry out Christ's work in our community.

FINANCIAL STEWARDSHIP

Sunday Offertory—1/20	\$9,956
Online giving week ending 1/21	\$3,400
PSA donations as of 1/21	\$11,625

9:00 AM MASS INTENTIONS

- 1/28 Joanie Smith
- 1/29 †Arlene Baggott
- 1/30 †Elizabeth Burtsell
- 1/31 †Warren Bowen
- 2/1 Seminarians
- 2/2 Holly Ann Harkins
(†Rest in God's love and peace)



PLEASE PRAY FOR



Fr. Bob Vidal, Katia Bergstrom, Juanita Kho, Brenda Malloy, Kathleen Kastner, Kathy Purcell, Aurora Lavadia, Mike Pendleton, Julia Poirier, Jerome Gendron, Jim Ferguson, Mary Maskell, Steven Lang, Linda Bolt, Bob Wagner, Bob Rattray, Julie Rivera, Jean Barbazette, Pat Giacomi, Janet Tedesco, Ernie Ramirez, Mike Harvey, Mary Kiely, John Barnes, Carol Forbes, Catherine Tautges, Ken Hammond, Myrna Navarro, Jean Engel

*If you would like to have your name added or removed from this list, please call the parish office.

"We have received baptism, entrance into the Church, and the honor of being called Christians. Yet what good will this do us if we are Christians in name only and not in fact?" – St. Andrew Kim Taegon

SACRAMENTS

Baptism: Contact the Parish Office to arrange for baptism. Baptisms are usually celebrated the first Saturday of the month at 11:00 a.m. Baptism preparation classes for parents and Godparents are held once a month on a Tuesday night at 7:00 p.m.

PreK-8 Faith Formation: For information and/or enrollment in faith formation programs, please contact faithformation@stannesealbeach.org.

Confirmation: Students typically begin the Confirmation process as a freshman in high school and complete the process at the end of their sophomore year.

Marriage: An appointment with one of our priests to begin marriage preparation must be made at least 6 months before the wedding celebration.

Funeral: Contact the parish office to arrange funerals.

Pastoral Care: If you, or someone you know, wishes to have their name placed on our prayer net, or a visit and/or Holy Communion, please contact the Parish Office.

Sacrament of the Sick: In case of serious illness, contact the parish office.

If you want information about any of our many active ministries, please pick up a brochure from the vestibule.